



Kaiser Woodland PFO

Woodland Elementary After-School Enrichment Classes

Course Descriptions | Spring 2024

Sponsored by the Kaiser Woodland Parent Faculty Organization (KWPF0)

READ THIS PART FIRST, PLEASE: IMPORTANT INFORMATION

- 1). ALL REGISTRATION AND PAYMENT are to be completed ONLINE at www.kwpfo.org/enrichment. Our registration website is mobile-friendly (Apple and Android devices). If you do not have computer/internet access to register, please contact hello@kwpfo.org for assistance. DO NOT CONTACT SCHOOL ADMIN ABOUT REGISTRATION. They have no information and cannot help you with registration.
- 2). **The registration deadline is March 11.** Registration after March 11 will be by discretion if there are open class spots. Classes will begin March 18 and each class will have 9 or 10 sessions each. If an instructor misses a class, a make-up class may be offered after the last day of scheduled classes or a partial refund issued at the instructor's discretion. Please refer to the enclosed catalog for specific dates. Registration will firmly close upon the first day of classes. If a class does not reach its minimum participation the class will be canceled and the tuition will be refunded.
- 3). Classes will be filled in the order that registration AND payment are completed and received. Your student will not be enrolled until payment is received. Register early to ensure a spot in the class.
- 4). CONSIDER YOURSELF REGISTERED – PLAN TO ATTEND CLASS ON THE FIRST DAY. You will be notified if the class has been canceled or is already full; in either of these cases, your payment will be returned to you (or you can choose another class). We will not be posting class lists.
- 5). **There are certain classes that will need one parent proctor. *Please indicate if you are interested in serving as proctor when registering.*** If you are selected as proctor, the class fee for your child will be refunded. Parent proctors will assist the instructor with gathering students prior to class, taking attendance, supporting class activities, etc. The parent proctor must attend EVERY CLASS; if your child drops out of the class, you are required to continue your volunteer duties or find someone who can be your replacement. If a class that requires a volunteer parent proctor does not have a parent volunteer that class will be canceled and the tuition refunded. **Parent proctors need to be registered volunteers—if you need help getting registered please contact us at enrichment@kwpfo.org.**
- 6). Class dates and times may vary, so please MARK YOUR CALENDAR accordingly. It is your responsibility to know when classes will be held. Your child must be picked up within five (5) minutes of the class end time. Instructors are not responsible for your child after the class ends. Repeated tardiness in picking up your child will result in him/her being dropped from the class without a refund.
- 7). **There will be no refunds provided after the first class**, regardless of reason. Failure to follow instructor roles and policies may also result in removal from a class, with no refund provided.
- 8). If the cost of the classes is prohibitive to your family's participation, please email enrichment@kwpfo.org to discuss scholarship opportunities.

MONDAY

Taekwondo for TK/K with OCTKD

Dates: March 18, 25, April 1, 15, 22, 29, May 6, 13, 20, June 3

Time: 2:05-2:35 (30-minute class)

Location: Outside

Fee: \$155

Class size: Minimum 4, Maximum 14

For: **TK and Kinder Only**

No parent proctor needed.

About This Class: Tae-Kwon-Do means foot-hand-art, is great for all ages! The emphasis of TaeKwonDo (TKD) is the use of the strongest parts of your body, your legs for defense! Students will learn useful life skills such as courtesy, while learning basic self-defense and getting some great exercise. TKD helps with: coordination, focus, mental readiness, social skills, safety awareness and self-awareness. Lessons are taught by Chief Instructor, Mr. Chang, a 5th Degree Master Black Belt.

Taekwondo for Grades 1-2 with OCTKD

Dates: March 18, 25, April 1, 15, 22, 29, May 6, 13, 20, June 3

Time: 2:40-3:20 (40-minute class)

Location: Outside

Fee: \$175

Class size: Minimum 4, Maximum 14

For: **Grades 1-2**

No parent proctor needed.

About This Class: Tae-Kwon-Do means foot-hand-art, is great for all ages! The emphasis of TaeKwonDo (TKD) is the use of the strongest parts of your body, your legs for defense! Students will learn useful life skills such as courtesy, while learning basic self-defense and getting some great exercise. TKD helps with: coordination, focus, mental readiness, social skills, safety awareness and self-awareness. Lessons are taught by Chief Instructor, Mr. Chang, a 5th Degree Master Black Belt.

Musical Theater for TK/K with Active Learning

Dates: March 18, 25, April 1, 15, 22, 29, May 6, 13, 20, June 3

Time: 2:05-2:35 (30-minute class)

Location: MPR

Fee: \$120

Class size: Minimum 5 , Maximum 20

For: **TK and Kinder Only**

Parent proctor needed.

About This Class: Students choose from a variety of classical and contemporary shows including Disney, Pixar, and Broadway to put on a final production.

Musical Theater for Grades 1-2 with Active Learning

Dates: March 18, 25, April 1, 15, 22, 29, May 6, 13, 20, June 3

Time: 2:45-3:45 (60-minute class)

Location: MPR

Fee: \$120

Class size: Minimum 5 , Maximum 20

For: **Grades 1-2 Only**

Parent proctor needed.

About This Class: Students choose from a variety of classical and contemporary shows including Disney, Pixar, and Broadway to put on a final production.

TUESDAY

Multicultural Dance for TK/K with Active Learning

Dates: March 19, 26, April 2, 16, 23, 30, May 7, 14, 21, 28

Time: 2:05-2:35 (30-minute class)

Location: MPR

Fee: \$120

Class size: Minimum 5 , Maximum 20

For: **TK and Kinder Only**

Parent proctor needed.

About This Class: Instructional classes in classical, street and multicultural dances that include Folklorico, West African, and the latest in pop culture!

Multicultural Dance for Grades 1-2 with Active Learning

Dates: March 19, 26, April 2, 16, 23, 30, May 7, 14, 21, 28

Time: 2:45-3:45 (60-minute class)

Location: MPR

Fee: \$120

Class size: Minimum 5 , Maximum 20

For: **Grades 1-2 Only**

Parent proctor needed.

About This Class: Instructional classes in classical, street and multicultural dances that include Folklorico, West African, and the latest in pop culture!

Rocket Science for TK/K with Parker-Anderson

Dates: March 19, 26, April 2, 16, 23, 30, May 7, 14, 21, 28

Time: 2:05-2:35 (30-minute class)

Location: TBD

Fee: \$85

Class size: Minimum 5 , Maximum 14

For: **TK and Kinder Only**

Parent proctor needed.

About This Class: Ready, set, blast off! Explore the Universe as we launch everything from Film Canister Rockets to Water Bottle Blasters, Business Card Boomerangs, and much more! Our adventures will take us to Titan, Mars, and a Galactic Cluster as we learn about comets, constellations, and our galaxy! This class is out of this world!

Rocket Science for Grade 1-2 with Parker-Anderson

Dates: March 19, 26, April 2, 16, 23, 30, May 7, 14, 21, 28

Time: 2:45-3:45 (60-minute class)

Location: TBD

Fee: \$170

Class size: Minimum 5 , Maximum 20

For: **Grades 1-2**

Parent proctor needed.

About This Class: Ready, set, blast off! Explore the Universe as we launch everything from Film Canister Rockets to Water Bottle Blasters, Business Card Boomerangs, and much more! Our adventures will take us to Titan, Mars, and a Galactic Cluster as we learn about comets, constellations, and our galaxy! This class is out of this world!

Intro to Golf for TK/K with TGA

Dates: March 19, 26, April 2, 16, 23, 30, May 7, 14, 21, 28

Time: 2:05-2:35 (30-minute class)

Location: Outside

Fee: \$174

Class size: Minimum 4, Maximum 14

For: **TK and Kinder Only**

No parent proctor needed.

About This Class: This class will cover all the fundamentals. We start with G.A.S.P. Grip, Aim, Stance, Posture to install the basics for every student. We will then slowly build the swing starting with pitch and chip shots. Next we move onto half swing and then add a small hinge for L swing. We will wrap up with a full swing. Each week students will work on making solid contact as they increase swing length. Instructors will toss in life lessons and STEM Principals throughout the lessons to keep the kids having fun and learning. TGA supplies all necessary equipment (golf clubs, astro turf hitting surface, whiffle or nerf golf balls), so the kids need only to bring a positive attitude and willingness to try something new. Looking forward to introducing students to the game of golf!

Intro to Golf for Grades 1-2 with TGA

Dates: March 19, 26, April 2, 16, 23, 30, May 7, 14, 21, 28

Time: 2:45-3:45 (60-minute class)

Location: Outside
Fee: \$259
Class size: Minimum 4, Maximum 20
For: **Grades 1-2**
No parent proctor needed.

About This Class: This class will cover all the fundamentals. We start with G.A.S.P. Grip, Aim, Stance, Posture to install the basics for every student. We will then slowly build the swing starting with pitch and chip shots. Next we move onto half swing and then add a small hinge for L swing. We will wrap up with a full swing. Each week students will work on making solid contact as they increase swing length. Instructors will toss in life lessons and STEM Principals throughout the lessons to keep the kids having fun and learning. TGA supplies all necessary equipment (golf clubs, astro turf hitting surface, whiffle or nerf golf balls), so the kids need only to bring a positive attitude and willingness to try something new. Looking forward to introducing students to the game of golf!

WEDNESDAY

Fine Art for All Grades with Active Learning

Dates: March 20, 27, April 3, 17, 24, May 1, 8, 15, 22, 29
Time: 1:55-2:55 (60-minute class)
Location: MPR
Fee: \$200
Class size: Minimum 5 , Maximum 30
For: **All grades**
Parent proctor needed.

About This Class: Students use a range of mediums to complete their works of art including painting, drawing, clay, collage and mixed media in various formats and scales.

Inventor's Workshop for K-2 with Parker-Anderson

Dates: March 20, 27, April 3, 17, 24, May 1, 8, 15, 22, 29
Time: 1:55-2:55 (60-minute class)
Location: TBD
Fee: \$170
Class size: Minimum 5 , Maximum 20
For: **Grades K-2 Only**
Parent proctor needed.

About This Class: Join Inventor's Workshop and learn to think outside the box as you come up with your own contraptions and inventions! In this interactive, STEAM-based class, students will not only learn about the amazing history of famous inventors, but will also create, modify and demonstrate their own designs!

THURSDAY

Yoga for TK/K - By MogYoga

Dates: March 21, 28, April 4, 18, 25, May 2, 9, 16, 23, 30

Time: 2:05-2:35 (30-minute class)

Location: Music Room

Fee: \$160

Class size: Minimum 4, Maximum 10

For: **TK and Kinder Only**

No parent proctor needed.

About This Class: Discover the wonders of yoga, a harmonious blend of physical and mental activities. Enrich your child's daily routine with our mindfulness-centered kids yoga class, designed to boost their well-being and fulfillment. Through a combination of strength-building stretches, calming breathing exercises, and engaging sensory crafts, our class nurtures a tranquil yet vibrant body and mind for your child. Yoga mats provided.

Yoga for Grades 1-2--With MogYoga

Dates: March 21, 28, April 4, 18, 25, May 2, 9, 16, 23, 30

Time: 2:45-3:45 (60-minute class)

Location: Music Room

Fee: \$220

Class size: Minimum 5, Maximum 12

For: **Grades 1-2 Only**

No parent proctor needed.

About This Class: Discover the wonders of yoga, a harmonious blend of physical and mental activities. Enrich your child's daily routine with our mindfulness-centered kids yoga class, designed to boost their well-being and fulfillment. Through a combination of strength-building stretches, calming breathing exercises, and engaging sensory crafts, our class nurtures a tranquil yet vibrant body and mind for your child. Yoga mats provided.

Skateboarding for TK/K with Intro2Skate

Dates: March 21, 28, April 4, 18, 25, May 2, 9, 16, 23, 30

Time: 2:05-2:35 (30-minute class)

Location: Woodland blacktop

Fee: \$200

Class size: Minimum 5 , Maximum 14

For: **TK and Kinder Only**

No parent proctor needed.

About This Class: Learn how to skate with Intro2Skate after school on their mobile skatepark ramps on the school's blacktop. Great for beginners with no experience as all of our coaches are very kind and welcoming. We take a hands-on approach to guiding your kids to safely learning the basics and building confidence at the same time. Skateboard, helmet, knee and elbow pads are required. If you already have your own, please bring it to the class every week. If you do not have any gear you may borrow gear from us. Let's skate!

Skateboarding for Grades 1-2 with Intro2Skate

Dates: March 21, 28, April 4, 18, 25, May 2, 9, 16, 23, 30

Time: 2:45-3:45 (60-minute class)

Location: Woodland blacktop

Fee: \$260

Class size: Minimum 5 , Maximum 20

For: **Grade 1-2 Only**

No parent proctor needed.

About This Class: Learn how to skate with Intro2Skate after school on their mobile skatepark ramps on the school's blacktop. Great for beginners with no experience as all of our coaches are very kind and welcoming. We take a hands-on approach to guiding your kids to safely learning the basics and building confidence at the same time. Skateboard, helmet, knee and elbow pads are required. If you already have your own, please bring it to the class every week. If you do not have any gear you may borrow gear from us. Let's skate!

FRIDAY

Play Well, Play Smart for TK/K with Parker-Anderson

Dates: March 22, 29, April 5, 19, 26, May 3, 10, 17, 24, 31

Time: 2:05-2:35 (30-minute class)

Location: Grass field

Fee: \$80

Class size: Minimum 5 , Maximum 14

For: **TK and Kinder Only**

Parent proctor needed.

About This Class: Students learn crucial skills for movement, balance, and interaction with their environments! We target visual-motor integration, coordination, gross and fine motor skills, right and left side awareness, and muscle flexibility with fresh and exciting games and toys.

Chess Club for Grades 1-2 with Parker-Anderson

Dates: March 22, 29, April 5, 19, 26, May 3, 10, 17, 24, 31

Time: 2:45-3:45 (60-minute class)

Location: TBD

Fee: \$160

Class size: Minimum 5 , Maximum 20

For: **Grades 1-2 Only**

Parent proctor needed.

About This Class: We introduce chess to students in a fun and exciting way! For all students and all levels, we teach students to play chess and help them succeed in school by stimulating their problem-solving, analytical, and critical thinking skills. Learn chess strategies, defenses, and winning moves that will impress friends and family. Students will participate in a class tournament towards the end of the session to compete for trophies and other chess prizes!

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PLEASE REGISTER AND PAY ONLINE AT WWW.KWPFO.ORG/ENRICHMENT

Good to know!: 8% of the vendor price for each enrichment class goes back to the Kaiser Woodland PFO, which supports both Kaiser and Woodland Elementary Schools by furthering the reach of arts, technology, enrichment, and experiences beyond the scope of the schools' established budgets.

?Hablas Español? Pídenos el catálogo de cursos

por email en ENRICHMENT@KWPFO.ORG

QUESTIONS? PLEASE EMAIL ENRICHMENT@KWPFO.ORG