

Pakistan is located in southern Asia

SLOW COOKING

Nihari, a slow-cooked meat stew, is a popular dish in Karachi restaurants. The word Nihari comes from the Arabic nahaar, meaning "morning." Try this recipe at home.

GREETINGS

Greetings are typically exchanged between members of the same sex. Pakistanis don't rush greetings and they will take the time inquire about a person's general well-being, family, and how business is doing.

NEIGHBORS

Pakistan is bordered by Afghanistan on the north and west. Iran makes up its southwest boarder. In the east, it's bordered by India, while on the south is the Arabian Sea. China makes up part of its northeast border while Kashmir makes up the rest.

MAKING HISTORY

- Malala Yousafzai, a Pakistani and woman's education activist, was just 17 years old when she became the youngest-ever Nobel laureate.
- Rashid Rana was born in Pakistan in 1968 and is widely considered to be the leading Pakistani artist of his generation. View an online gallery of his work.
- Benazir Bhutto was a Pakistani politician who served as Prime Minister of Pakistan from 1988 to 1990 and again from 1993 to 1996. She was the first woman to head a democratic government in a Muslim majority country.



Kaiser Woodland PFO Read-A-Thon



READ ALOUD

Four Feet Two Sandals by Karen Lynn Williams and Khadra Mohammed - story read by NMUSD Trustee, Carol Crane

BOOK SUGGESTIONS

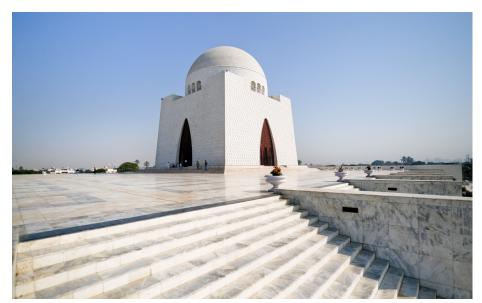
King for a Day by Rukhsana Khan

Malala's Magic Pencil by Malala Yousafzai

Hear the author talk about the book!

MAZAR-E-QUAID

Mazar-E-Quaid is one of the most famous landmarks in Karachi. The mausoleum is the final resting place of Quaid-e-Azam ("Great Leader") Muhammad Ali Jinnah, the founder of Pakistan. It was completed in 1971 and the design incorporates white marble and geometric forms.



HOW MANY LANGUAGES DO YOU SPEAK?

Urdu is the national language of Pakistan. While only a minority of Pakistanis speak Urdu as their first language, many speak it as their second language. Other popular languages in Pakistan include Punjabi, Pashto, Sindhi, and Saraiki.

Greet someone in Urdu - Use the phrase "As-Salam-u-Alaikum", which means "Peace be unto you". This phrase is pronounced "ussaa-laam-muu-alie-kum."



LET'S PLAY!

Oonch Neech (Up and Down) is a popular children's game. The game requires at least 3 players and requires items to climb on (for example, trees, chairs, or steps).

Oonch Neech is based on the traditional tag game with one important difference. Instead of having one "base" where a player is safe from being tagged, "base" is anything you can climb on. For example, if a player climbs into a tree, on top of a chair, or onto the porch steps, they are safe from being tagged!